



# THE SAVING WORD

SECOND SUNDAY OF LENT / A

5 MARCH 2023

## FIRST READING

Gen 12:1-4

A reading from the book of Genesis

*The call of Abraham, the father of God's people.*

The Lord said to Abram, 'Leave your country, your family and your father's house, for the land I will show you. I will make you a great nation; I will bless you and make your name so famous that it will be used as a blessing.

'I will bless those who bless you:  
I will curse those who slight you.  
All the tribes of the earth  
shall bless themselves by you.'

So Abram went as the Lord told him.

■ The word of the Lord.

## RESP PSALM

Ps 32:4-5, 18-20, 22. R. v. 22

**R.** Lord, let your mercy be on us,  
as we place our trust in you.

1. The word of the Lord is faithful / and  
all his works to be trusted. / The Lord loves  
justice and right / and fills the earth with his  
love. **R.**

2. The Lord looks on those who revere him, /  
on those who hope in his love, / to rescue  
their souls from death, / to keep them alive in  
famine. **R.**

3. Our soul is waiting for the Lord. / The Lord  
is our help and our shield. / May your love be  
upon us, O Lord, / as we place all our hope in  
you. **R.**

## SECOND READING

2 Tim 1:8-10

A reading from the second letter of St Paul  
to Timothy

*God has saved us, and called us to be holy.*

With me, bear the hardships for the sake of  
the Good News, relying on the power of God  
who has saved us and called us to be holy – not  
because of anything we ourselves have done  
but for his own purpose and by his own grace.  
This grace had already been granted to us, in  
Christ Jesus, before the beginning of time, but  
it has only been revealed by the Appearing of



our saviour Christ Jesus. He abolished death,  
and he has proclaimed life and immortality  
through the Good News.

■ The word of the Lord.

## GOSPEL ACCLAMATION

Mt 17:5

Glory and praise to you, Lord Jesus Christ!  
From the shining cloud, the Father's voice  
is heard:

this is my beloved Son, hear him.

Glory and praise to you, Lord Jesus Christ!

## GOSPEL

Mt 17:1-9

A reading from the holy Gospel according to  
Matthew.

*His face shone like the sun.*

Jesus took with him Peter and James and his  
brother John and led them up a high mountain  
where they could be alone. There in their  
presence he was transfigured; his face shone like  
the sun and his clothes became as white as the



# OUR LADY of MT CARMEL CHURCH BULLETIN

## 2<sup>nd</sup> Sunday Lent - 5 March 2023 - Year A

### PARISH INFORMATION

**Address:** 82 Collick Street, Hilton, WA, 6163  
**Phone:** (08) 9314 7733  
**Email:** [sec.hilton@perthcatholic.org.au](mailto:sec.hilton@perthcatholic.org.au)  
**Website:** [www.olmchilton.org.au](http://www.olmchilton.org.au)

### PARISH OFFICE HOURS

**Tuesday, Wednesday & Friday:** 9am – 3pm  
**Thursday:** 9am – 12.30pm

### PARISH MINISTRY TEAM

**Parish Priest:** Fr Paul Raj  
**Parish Secretary:** Tereza Camacho  
**Safeguarding Officer:** Brigette Liddelow - 0432 908 980  
**Avila Retirement Village Secretary:** Judy Rowlands – 0448 205 283  
**OLMC Primary School RE:** Julie Kay  
**OLMC Primary School Principal:** Jayson Peacock - 9269 2000  
**Seton Catholic College Website:** <http://www.seton.wa.edu.au/olmc-parish>

### MASS INTENTIONS



#### 2<sup>nd</sup> Sunday Lent, 5 March

**Saturday 6pm Mass** for Jela Frkic (RIP) + Luigina D’Alessandro (RIP 5<sup>th</sup> Anniversary) & Giovina D’Alessandro (RIP & Birthday)

**Sunday 7.30am Mass** for Andrew de Sousa (RIP)

**Sunday 9am Mass** for Holy Father Honour + Cono & Tonino Randazzo (RIP)

**2.30-3.30pm** Holy Hour

#### Monday 6 March – Labour Day Public Holiday

**NO 7-9pm** Holy Trinity Prayer Group

#### Tuesday 7 March – Sts Perpetua & Felicity

**9am Mass** for Holy Trinity Honour

#### Wednesday 8 March – St John of God

**9am Mass** for John Randall (RIP)

**Morning Tea** after Mass

**10.30am** Legion of Mary

**5.30 – 6.30pm** Eucharistic Adoration

#### Thursday 9 March – St Frances of Rome

**9am-4pm** Church Open for Prayers

#### Friday 10 March

**9am Mass** for OLMC Whole School Attending + Holy Spirit Thanksgiving for Gift of Life

**9.30 – 10.30am** Stations of the Cross & Eucharistic Adoration

#### Saturday 11 March

**9am Mass** for Sacred Heart & Immaculate Heart of Mary Honour

**10.30am Baptism** of Dominic John Peck

#### 3<sup>rd</sup> Sunday Lent, 12 March

**Saturday 6pm Mass** for De Ornelas Family Deceased Members

**Sunday 7.30am Mass** for Andrew de Sousa (RIP) + John Maitan (RIP)

**Sunday 9am Mass** for Stephen Randall (RIP)

**THE UNITY PRAYER:** My Adorable Jesus, May our feet journey together. May Our hands gather in unity. May our hearts beat in unison. May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father. Amen

♥♥♥



### WELCOME TO OUR LADY OF MT CARMEL PARISH

If you are a new parishioner, please introduce yourself to Fr Paul. We extend a warm welcome to our Parish of Our Lady of Mount Carmel.



### PLEASE PRAY FOR SICK PARISHIONERS

Christine Rhow, Veronica, Maria, Consiglia Ciavatta, Irwin Beachell, Isabella Da Cunha, Martin, Norma Elliott, Rudi Tassell, Steven, Davina, Elisabetta Paddon, Dermot McKernon, Edward Fortune, Zdenka Mravincic, Beatrice Fernandez, Alex, Desmond O’Connor, Lisa Bubb, Maria Villamagna, Romilda Marinelli, Aaron LoCicero, Jacqueline Paul, Lou Collova, Edward Forster, Maria De Sousa ...



### 2023 SACRAMENT DATES

**RECONCILIATION:** Wednesday 15-3-23 at 6.30pm

**1<sup>ST</sup> HOLY COMMUNION:** Sunday 11-6-23 at 9am

**CONFIRMATION:** Sunday 20-8-23 at 9am



### RECONCILIATION

Saturday 9.30-10am and 5.15-5.45pm  
Or by appointment.



### MASS INTENTIONS

Suggested Offering **\$15 per Mass**. Please give Mass Intention Envelopes to Fr Paul or Parish Office.



### NEXT WEEK’S READINGS

#### 3<sup>rd</sup> Sunday Lent, 12 March

**1<sup>st</sup>:** Ex 17:3-7

**2<sup>nd</sup>:** Rom 5:1-2, 5-8

**Gospel:** Jn 4:5-42



**ENTRANCE ANTIPHON:** Of you my heart has spoken: Seek his face. It is your face, O Lord, that I seek; hide not your face from me.

**COMMUNION ANTIPHON:** This is my beloved Son, with whom I am well pleased; listen to him.

Jesus, I surrender myself to you, take care of everything ♥♥♥. Mother, I am yours now and forever. Through you and with you, I always want to belong completely to Jesus ♥♥♥. Blessed Lady, spread the effect of Grace of Thy Flame of Love over all of Humanity ♥♥♥.





# OUR LADY OF MT CARMEL CHURCH BULLETIN

2<sup>nd</sup> Sunday Lent - 5 March 2023 - Year A

**STEWARDSHIP: Stewardship and the Catholic Foundation (Endowment).** As good stewards, Catholics are encouraged to use their gifts for the building of the Kingdom. We have a responsibility to pass on to future generations and to the Church the blessings we have received.



Especially those who work for justice and peace. May we welcome the opportunity that Lent brings to walk more closely with you, especially through fasting, almsgiving and prayer. We thank you for the challenge of the future. May the cross of Jesus remind us that only love finds the way forward. As we work with big hearts, may we join with Mary in her hope that from now on all generations will experience the great things you will do through us. We ask this in Jesus' name. Amen.



**2023 HOLY FATHER MONTHLY PRAYER INTENTIONS: MARCH - For victims of abuse.** "We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering".



**POPE FRANCIS QUOTE:** "Let us pray for peace: peace in the world and in each of our hearts." "God's love calls us to move beyond fear. We ask God for the courage to put on faith, hope and love as we go out into the world and become the word in body as well as spirit."



**HOLY HOUR FIRST SUNDAY OF THE MONTH at OLMC HILTON: Sunday 5 March 2023 from 2.30pm – 3.30pm.** People are invited to place the intention requests in the box in the church foyer or to contact Martha on 0438 999 107 or [Martha.kalat@gmail.com](mailto:Martha.kalat@gmail.com).



**SECOND SUNDAY LENT 4 & 5 MARCH 2023:** Teresa is a Gamilaroi woman from Western Sydney who struggled with homelessness while raising her four children. Through the Baabayn Young Mums and Bubs Group, Teresa was able to reconnect with her culture and create a better future for her children. **Please donate to Project Compassion 2023.** Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.** You can donate through Project Compassion donation boxes / envelopes available from your parish, by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion), or by calling 1800 024 413.



**ST JOHN PAUL II CHURCH, BANKSIA GROVE:** Next weekend we will be having a retiring church collection to support St John Paul II Church. The church was dedicated and opened on Thursday 26 January 23.

**SAFEGUARDING INDUCTION FOR ALL CHURCH WORKERS:** The Australian Catholic Bishops conference has broadened safeguarding to include adults at risk. **ALL** church workers – volunteers or paid – are to attend a 1 hour safeguarding induction. A church worker is **anyone** in the parish in **any role** – paid or voluntary. This induction provides an overview of the Safeguarding Policies and Procedures, the role of the Parish safeguarding Officer, and the importance of Safeguarding within the parish. The upcoming session will be on **Tuesday 14 March 2023** between **7-8pm** at **Our Lady of Mount Carmel, 82 Collick Street, Hilton, WA, 6163.** To register please phone 9221 7762 or <https://safeguarding.perthcatholic.org.au/training/#induction>.





# OUR LADY OF MT CARMEL CHURCH BULLETIN

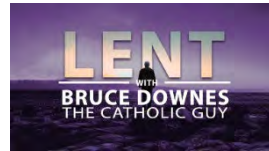
2<sup>nd</sup> Sunday Lent - 5 March 2023 - Year A

## LENT 2023 WITH THE CATHOLIC GUY BRUCE

**DOWNES:** Lent is a time when we can grow closer to God and

prepare our hearts for the true meaning of Easter. Be inspired. Be refreshed. Be renewed! For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here:

<https://BruceDownes.org/Lent23>. Go to [BruceDownes.org](https://BruceDownes.org) for more information.



## A MESSAGE FROM AID TO THE CHURCH IN NEED

**AUSTRALIA:** ACN is the Pontifical Foundation



Aid to the Church in Need

ACN AUSTRALIA

dedicated to supporting the suffering and persecuted Church. **HELP SYRIA.** Aid to the Church in Need (ACN) has launched an emergency appeal for the people in northern Syria desperate for help following the devastating earthquakes. ACN is begging for funds to support their long-time local project partners on the ground in Syria. To read more about what ACN is doing and to make an offering please visit [www.aidtochurch.org/syriaearthquake](http://www.aidtochurch.org/syriaearthquake).

## CATHOLIC ARCHDIOCESE OF PERTH - Employment Opportunities:

The Catholic Archdiocese of Perth has two employment opportunities available for suitably qualified persons to join the team and continue the good work of the Church. For details, refer to <https://www.perthcatholic.org.au/employment.htm>.



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- Manager, Wellbeing, Health and Safety - Permanent, Full-Time (listed on SEEK) – the Manager provides expert knowledge, advice, and support to generate and promote a positive health and safety culture that embraces human dignity. This includes embedding the organisation's values into everyday work life through care for our people and maintaining a safe workplace by implementing the Wellbeing, Health and Safety framework across all areas to deliver high-quality services reflecting the organisational values. This work spans various locations and stakeholders, including offices, organisations, agencies and parishes within the Catholic Archdiocese.

- Manager, Executive Services (Episcopal Services) - Permanent, Full-Time (listed on SEEK) - the Manager (reporting to the Executive Director, Office of the Archbishop) leads, oversees and coordinates the activities of the Administration Team within the Office of the Archbishop in support of the Curia to ensure the effective coordination and functioning of the administration, reception, and secretarial services.

## PRAYER FOR UKRAINE. From the Catholic Agency for Overseas Development:

Loving God, We pray for the people of Ukraine, for all those suffering or afraid, that you will be close to them and protect them. We pray for world leaders, for compassion, strength and wisdom to guide their choices. We pray for the world that in this moment of crisis, we may reach out in solidarity to our brothers and sisters in need. May we walk in your ways so that peace and justice become a reality for the people of Ukraine and for all the world. Amen.



## WANTED - DAY ACTIVITIES FOR ADULTS WITH DISABILITY - EMMANUEL CENTRE:

Emmanuel Centre currently has a couple of vacancies for day activities at our centre near East Perth train station. **Mondays and or Tuesdays 9.30am to 2pm.** Cost of \$4.00 per day to cover morning tea and light lunch provided. If interested, please ring 08 9328 8113 or email [emmanuelcentre@perthcatholic.org.au](mailto:emmanuelcentre@perthcatholic.org.au).



## LETTING GO: 31 March to 2 April. As



NEW NORCIA BENEDICTINE COMMUNITY

we journey through life, we are in a continual process of 'letting go', in many different ways. This letting go can be the result of the loss of loved ones, of the process of ageing, of relationship changes, and families growing up, etc. On the other hand, there can be things in our hearts -anger, regret, grief, attachment- of which we would like to let go but find it difficult to do so. Yet, in learning to 'let go', we can embrace God's plan for us more deeply, and thus come to live with greater fullness and freedom. This retreat will provide companionship and guidance in this process. Presenter, Sr. Lilian Bong, SJA. Cost, \$300 (includes accommodation, meals and entry into the Museum and Art Gallery. **Further info and bookings** [www.newnorcia.com.au](http://www.newnorcia.com.au).



# OUR LADY of MT CARMEL CHURCH BULLETIN

## 2<sup>nd</sup> Sunday Lent - 5 March 2023 - Year A

### BULLETIN SPONSORS



#### OLMC CHURCH

82 Collick Street, Hilton, WA, 6163  
08 9314 7733  
[Sec.hilton@perthcatholic.org.au](mailto:Sec.hilton@perthcatholic.org.au)

#### SAFEGUARDING OFFICER

Brigette Liddelow  
0432 908 980

#### AUSTRALIAN LEADING LOCK SERVICE

Mark Berkovic 0408 404 048  
PO Box 4573, Myaree BC, 6960  
[mls@dammot.com.au](mailto:mls@dammot.com.au)

#### AVILA COURT RETIREMENT VILLAGE

Low cost \*rental unit accommodation.  
For more information contact:  
**Judy 0448 205 283**  
\* Conditions apply

#### BOWRA & O'DEA FUNERAL DIRECTORS

Simply a Matter of Trust  
312 South Street, Hilton  
9239 7744 or [www.bowraodea.com.au](http://www.bowraodea.com.au)

#### UNITED PEST CONTROL

48 Motril Avenue, Coogee.  
PO Box 7141, Spearwood, 6163  
9418 1095 or 0433 995 688

#### RICH HARVEST PTY LTD

Religious Products  
Mon to Fri 10.30am – 6pm  
Sat 10.30am – 3pm  
39 Hulme Court, Myaree  
9329 9889 or [www.rich7harvest.com.au](http://www.rich7harvest.com.au)



#### OUR LADY of MT CARMEL

##### NOVENA: God our Father,

prompted by Your Spirit the order of Carmel has from the beginning dedicated itself to the Mother of Your Son. As she unites her prayers with ours, look with favour upon us and bless our families, keep each of us from harm And bring us to the joy of heaven. We ask this through Jesus the Lord. **Amen.**



#### SOULS in PURGATORY PRAYER:

Eternal Father, I offer You the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, for those in my own home, and in my family. **Amen.**



#### OUR LADY of ALL NATIONS

**PRAYER:** Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate. **Amen.**

#### WEEK 1 4-5 Mar 2 Lent

#### COMMENTATOR

#### READERS

#### ACOLYTE

Sat 6pm

Martha Kalat

Susie Poleschtschuk

Joe De Ornelas

Sun 7.30am

Diane Richards

Jenny Troy

Gerry Miller

Sun 9am

Volunteer

Franca Kalat

Ken Hla

#### WEEK 2 11-12 Mar 3 Lent

#### COMMENTATOR

#### READERS

#### ACOLYTE

Sat 6pm

Volunteer

Volunteer

Simon Overton

Sun 7.30am

Diane Richards

Nicolas Lim

Gerry Miller

Sun 9am

Vicky Rafala

Maria Bradshaw

Frank Cooper



Through Him, with Him, in Him  
In the unity of the Holy Spirit,  
All glory and honour is Yours,  
Almighty Father,  
Forever and ever.  
**Amen.**



#### PRAYER TO OUR LADY HELP OF CHRISTIANS:

Lord, you place deep in our hearts the love of Mary, help of Christians. Through her prayers grant wisdom to our leaders and integrity to our Citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through Christ our Lord. **Amen.**



#### EUCHARISTIC ADORATION

Come Visit Jesus  
**For One Hour**  
**Wednesday Evenings**  
**5.30 – 6.30pm**  
**Friday Mornings**  
**9.30 – 10.30am**  
**Jesus is Waiting for You**



light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order. 'Tell no one about the vision until the Son of Man has risen from the dead.'

### ■ The Gospel of the Lord.

#### PILGRIMAGE IN THE FOOTSTEPS OF ST PAUL THROUGH GREECE AND TURKEY

11-23 SEPTEMBER 2023

Chaplain:

Fr Michael Goonan SSP,  
Editor of *God's Word* and  
*St Pauls Sunday Bulletins*

Organised by  
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For more info scan the QR code, or  
phone **1800 819 156**

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# Breaking Open the Word

## TRUSTING THE PROMISE

At the beginning of Lent, it is not uncommon for people to feel discouraged or dissatisfied. Another year has come and gone and there is still much to be done as we get our spiritual house in order. Today's readings converge as they give reasons not to lose heart in God or, perhaps more importantly, in ourselves because we are loved by God. Abraham and Sarah were prepared to set out on the greatest adventure of their lives in their old age. Such willingness to trust in God's promises, despite the difficulties that lie before us, is at the very heart of the life of faith.

Prior to setting out for his final journey to Jerusalem, Jesus instructed the disciples that a brutal death awaited him. They were discouraged and bewildered, fearful both for Jesus and themselves. In the midst of this Jesus takes some of them aside and goes up the mountain and is transfigured before them. Their fear is now replaced by terror, but Jesus comes and touches them, encouraging and empowering them for the road that lies ahead.

In a similar fashion, the second letter to Timothy invites him not to be disheartened by the challenges and difficulties that beset him. God's grace and power have already been poured freely into our hearts. Since this is the case there is no need to be disheartened or fearful. Jesus' death has already won the victory, all that is needed is for us to take heart and trust in the new life that has been promised to us.

**Christopher Monaghan CP**