



# THE SAVING WORD

FIFTH SUNDAY IN ORDINARY TIME / A

5 FEBRUARY 2023

## FIRST READING

Isa 58:7-10

A reading from the prophet Isaiah

*Your light will shine like the dawn.*

Thus says the Lord:

Share your bread with the hungry,  
and shelter the homeless poor;  
clothe the man you see to be naked  
and turn not from your own kin.  
Then your light will shine like the dawn  
and your wound be quickly healed over.

Your integrity will go before you  
and the glory of the Lord behind you.  
Cry, and the Lord will answer;  
call, and he will say, 'I am here.'

If you do away with the yoke,  
the clenched fist, the wicked word,  
if you give your bread to the hungry,  
and relief to the oppressed,  
your light will rise in the darkness,  
and your shadows become like noon.

■ The word of the Lord.

## RESPONSORIAL PSALM

Ps 111:4-9. R. v. 4

**R.** A light rises in the darkness for the upright. (or Alleluia!)

1. He is light in the darkness for the upright: / he is generous, merciful and just. / The good man takes pity and lends, / he conducts his affairs with honour. **R.**

2. The just man will never waver: / he will be remembered for ever. / He has no fear of evil news; / with a firm heart he trusts in the Lord. **R.**

3. With a steadfast heart he will not fear; / open-handed, he gives to the poor; / his justice stands firm for ever. / His head will be raised in glory. **R.**



## SECOND READING

1 Cor 2:1-5

A reading from the first letter of St Paul to the Corinthians

*I came to you to proclaim Christ crucified.*

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

■ The word of the Lord.



# OUR LADY of MT CARMEL CHURCH BULLETIN

## 5<sup>th</sup> Sunday Ordinary - 5 February 2023- Year A

### PARISH INFORMATION

**Address:** 82 Collick Street, Hilton, WA, 6163  
**Phone:** (08) 9314 7733  
**Email:** [sec.hilton@perthcatholic.org.au](mailto:sec.hilton@perthcatholic.org.au)  
**Website:** [www.olmchilton.org.au](http://www.olmchilton.org.au)

### PARISH OFFICE HOURS

**Tuesday, Wednesday & Friday:** 9am – 3pm  
**Thursday:** 9am – 12.30pm

### PARISH MINISTRY TEAM

**Parish Priest:** Fr Paul Raj  
**Parish Secretary:** Tereza Camacho  
**Safeguarding Officer:** Brigette Liddelow - 0432 908 980  
**Avila Retirement Village Secretary:** Judy Rowlands – 0448 205 283  
**OLMC Primary School RE:** Julie Kay  
**OLMC Primary School Principal:** Jayson Peacock - 9269 2000  
**Seton Catholic College Website:** <http://www.seton.wa.edu.au/olmc-parish>

### MASS INTENTIONS



#### 5<sup>th</sup> Sunday Ordinary, 5 February - WORD OF GOD SUNDAY

**Saturday 6pm Mass** for Laura De Oliveira (RIP) + Maria & Bosco Kalat (RIP)

**Sunday 7.30am Mass** for Laura de Oliveira (RIP) + Andrew de Sousa (RIP) + Sabina Rossi (RIP in Argentina)

**Sunday 9am Mass** for Laura De Oliveira (RIP) + Maria Goretti Martins (RIP & Birthday)

**2.30-3.30pm** Holy Hour

#### Monday 6 February – St Paul Miki & Companions

**7-9pm** Holy Trinity Prayer Group **Resumes today**

#### Tuesday 7 February

**9am Mass** for Margarita Zuvela (RIP) + Dolores Das Neves (Birthday Intentions)

#### Wednesday 8 February – St Jerome Emiliani & St Josephine Bakhita

**9am Mass** for John Randall (RIP)

**Morning Tea** after Mass

**10.30am** Legion of Mary

**5.30 – 6.30pm** Eucharistic Adoration

#### Thursday 9 February

**9am-4pm** Church Open for Prayers

#### Friday 10 February - St Scholastica

**9am Mass** AT SETON COLLEGE

**9am** COMMUNION SERVICE at OLMC

**9.30 – 10.30am** Eucharistic Adoration

#### Saturday 11 February – WORLD DAY OF PRAYER FOR THE SICK

**9am Mass** for Nikola Jurica (RIP) + Bernadino De Sousa (Birthday Intentions)

#### 6<sup>th</sup> Sunday Ordinary, 12 February

**Saturday 6pm Mass** for OLMC School Community Sacramental Enrolment Mass + Deceased Members of Galinovich Family

**Sunday 7.30am Mass** for Emilio Jurica (RIP) + Andrew de Sousa (RIP)

**Sunday 9am Mass** for Stephen Randall (RIP) + Deceased Members Ivelja Family + Jim Alberti (RIP 35<sup>th</sup> Anniversary)

Here I am Lord, I Have Come to Do Your Will. Choose Me, Crush Me, Mould Me, Inspire Me, and Use Me for Your Greater Glory, Amen ♡ ♡ ♡.



### WELCOME TO OUR LADY OF MT CARMEL PARISH

If you are a new parishioner, please introduce yourself to Fr Paul. We extend a warm welcome to our Parish of Our Lady of Mount Carmel.



### PLEASE PRAY FOR SICK PARISHIONERS

Christine Rhow, Veronica, Maria, Consiglia Ciavatta, Irwin Beachell, Isabella Da Cunha, Martin, Norma Elliott, Rudi Tassell, Steven, Davina, Elisabetta Paddon, Dermot McKernon, Edward Fortune, Zdenka Mravincic, Beatrice Fernandez, Alex, Desmond O'Connor, Lisa Bubb, Maria Villamagna, Romilda Marinelli, Aaron LoCicero, Jacqueline Paul, Lou Collova, Edward Forster, Maria De Sousa ...



### 2023 SACRAMENT DATES

**RECONCILIATION:** Wednesday 15-3-23 at 6.30pm

**1<sup>ST</sup> HOLY COMMUNION:** Sunday 11-6-23 at 9am

**CONFIRMATION:** Sunday 20-8-23 at 9am



### RECONCILIATION

Saturday 9.30-

10am and 5.15-

5.45pm

Or by appointment.



### MASS INTENTIONS

Suggested Offering **\$15**

**per Mass.** Please give

Mass Intention

Envelopes to Fr Paul or

Parish Office.



### NEXT WEEK'S READINGS

#### 6<sup>th</sup> Sunday Ordinary, 12 February

**1<sup>st</sup>:** Sir 15:15-20

**2<sup>nd</sup>:** 1 Cor 2:6-10

**Gospel:** Mt 5:17-37



### ENTRANCE ANTIPHON

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.



### COMMUNION ANTIPHON

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

Jesus, I surrender myself to you, take care of everything ♡ ♡ ♡. Mother, I am yours now and forever. Through you and with you, I always want to belong completely to Jesus ♡ ♡ ♡.





# OUR LADY OF MT CARMEL CHURCH BULLETIN

5<sup>th</sup> Sunday Ordinary - 5 February 2023 - Year A

**STEWARDSHIP: Stewardship and the Catholic Foundation (Endowment).** Most diocesan foundations encourage parishes, schools, Catholic Charities and other ministries to have endowments as part of the foundation.



**2023 HOLY FATHER MONTHLY PRAYER INTENTIONS: FEBRUARY - For parishes.**

“We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need”.



**WORD OF GOD SUNDAY:** The Church in Australia celebrates the Sunday of the Word of God on the first **Sunday in February**

– **5-12-2023** (5<sup>th</sup> Sunday Ordinary Time, Year A). Pope Francis established the day, which is devoted to “the celebration, study and dissemination” of the Word of God. Visit [www.catholic.org.au/wordofgodSunday](http://www.catholic.org.au/wordofgodSunday) to access resources to help commemorate the day and for suggestions on how to better engage with Sacred Scripture in various ways and settings.



**FEDERATION OF CATHOLIC BISHOPS' CONFERENCES OCEANIA:**

The Federation of Catholic Bishops' Conferences of Oceania Assembly will be held in Fiji from **5 February to 10 February 2023**. **PRAYER FOR THE ASSEMBLY:** O God, you revealed yourself in Christ Jesus as loving, merciful and just. Guide our Bishops of Oceania as they meet together to further Pope Francis' call to become a listening Church. Open their hearts to the voice of the Holy Spirit, that they might truly discern and faithfully serve the needs of your People and your World. Colour our way of life and give witness to your presence among us. You who live and reign, God, for ever and ever. Amen.



**CHAPLETS OF DIVINE MERCY:**

A beautiful, prayerful, sung devotion held at St Thomas More Catholic Church, Dean Road Bateman, on the second



Wednesday of each month commencing at 7.30 pm. The next devotion will be held on **Wednesday 8 February 2023** commencing at 7.30 pm. Enquiries to George Lopez on 041 991 0039.

**A RETREAT ON THE CONNECTIONS BETWEEN ABORIGINAL SPIRITUALITY AND BENEDICTINE SPIRITUALITY:**



In this retreat we will be pondering the values of Silence, Listening, Reverence and Community, all three of which are integral to both Aboriginal Spirituality and Benedictine Spirituality. In bringing this retreat to you we are stretching out our hands in friendship toward each other – honouring both ways and striving to live in harmony and peace. We hope you will join us. Retreat begins **12 February 2023**. All videos and texts will be available on our website for as long as you need access. There are 6 conferences in this retreat plus a video recorded conversation between Theresa and Sr Antonia at the end of the retreat. There will be one conference each Sunday as well as questions for reflection. The cost of the retreat is \$300.00. If there is a problem with the cost, please do not hesitate to contact us. Register online at <http://www.jamberooabbey.org.au/retreats/online-retreats/>. You will also find many other online retreats on our website.

**ONLINE SAFEGUARDING INDUCTION FOR CHURCH WORKERS PAID & UNPAID:**

Please attend Safeguarding Induction for Church Workers on one of the following dates: • Monday 13-2-23 at 2pm, • Tuesday 21-2-23 at 7pm. To Register: <https://safeguarding.perthcatholic.org.au/training/> or Email: [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or Phone: 9221 7762.



**CARITAS AMBASSADOR PARISH PROGRAM:**

Join us for a three-part series where we will dive deeper into the heart and stories of Project Compassion 2023. The aim of this event is to ignite the desire in everyone to answer the call, join in, and reach out to our vulnerable brothers and sisters. In doing so, we unite to bring the love and mercy of God to all. **Date:** **Tuesday 14 February 2023**. **Time:** 6.30pm to 8pm (Light refreshments will be provided.). **Address:** 40A





# OUR LADY OF MT CARMEL CHURCH BULLETIN

5<sup>th</sup> Sunday Ordinary - 5 February 2023 - Year A

Mary Street, Highgate (Entry to car parking is available from Harold Street.). Please contact Dcn Paul Reid or Shelby D'Souza on 9422 7925 or [perth@caritas.org.au](mailto:perth@caritas.org.au) for more information.

## DAUGHTERS OF MARY – MOTHER & DAUGHTER GROUP at the SCHOENSTATT SHRINE - Saturday 18 – Sunday 19 February 2023:

We invite you to join us for a monthly formation as we journey together as mothers and daughters in relationship with Mary towards Christ. With Mary as our Mother and Educator we hope to be able to grow in her virtues to be daily followers of Christ. Daughter's age group: 10-14. Time: Every 3<sup>rd</sup> Saturday of the Month, 3pm-4.30pm including afternoon tea. From February to August (optional school holiday activity). Address: Schoenstatt Shrine, 9 Talus Drive, Mount Richon. RSVP: Saturday 4 February 2023. To register, contact Marissa Yang on 0448 966 998 or [peacefulspirit180@gmail.com](mailto:peacefulspirit180@gmail.com) or Sr M Luka Junemann on 0439 537 843 or [srmluka@schoenstatt.org.au](mailto:srmluka@schoenstatt.org.au).



## ALAN AMES TALK AND HEALING MASS:

Alan Ames will be conducting a talk followed by healing Mass on **Wednesday 22 February, 7pm Mass** followed by talk and healing service. Our Lady of Mercy Catholic Church, Cnr Girrawheen Ave & Patrick Ct, Girrawheen. **Further info;** [carver1@iinet.net.au](mailto:carver1@iinet.net.au).



## INTRODUCTION TO SACRAMENTS: KEY MILESTONES ON OUR CHRISTIAN JOURNEY.



**Thursdays 24 Feb - 26 Feb, 7.30pm to 8.30pm, (4 sessions) Bateman Parish, 100 Dean Road, Bateman.**

The seven Sacraments mark all the important stages of our Christian life and sustain us in our sense of mission as Christians (Catechism of the Catholic Church 1210). This course covers the fundamental meaning and the scriptural, historical, theological, and liturgical principles of each of the seven Sacraments. Join us as we explore how the Sacraments can deepen and give meaning to our unique relationship with God. Suggested Donation: \$20.00 Presenter: Fr Greg Donovan. **Further info or to register,** [email cfe@perthcatholic.org.au](mailto:cfe@perthcatholic.org.au), or call 08 9278 0261.

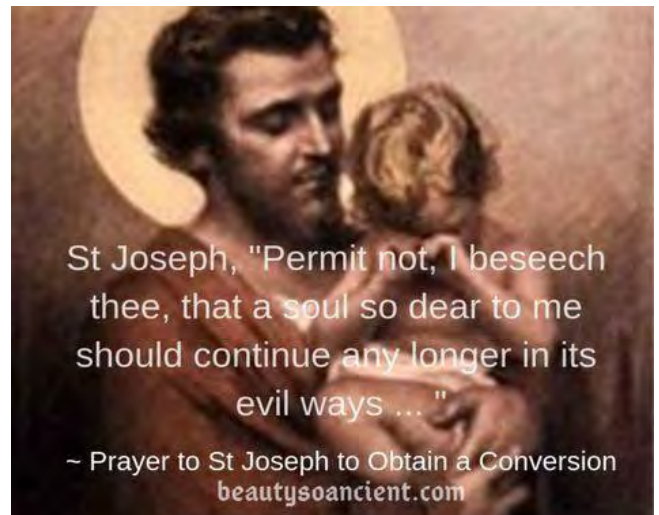
## LENTEN RETREAT – THE SEVEN LAST WORDS OF CHRIST WITH ST BONAVENTURE: 24 Feb - 26 Feb.

The “Seven Last Words of Christ” refer to the seven utterances of Jesus during His final hours upon the cross. These utterances express a summation of His entire message and have provided fruitful and profound meditation for Christians for many centuries. As a preparation for the season of Lent, this retreat will reflect upon the spiritual meanings of these words, guided by the writings of the early Franciscan mystic, St Bonaventure. Cost \$300 (includes accommodation, meals and entry into the Museum and Art Gallery. **Further info** and bookings [www.newnorcia.com.au](http://www.newnorcia.com.au).



## ST VINCENT DE PAUL SOCIETY:

**Putting our Faith into Action. ‘Are you looking for a meaningful form of donation?’** The greatest donation we can all give is our time. The Hilton Conference is seeking parishioners keen to strengthen their Christian faith, who want to give back to the community by doing ‘good deeds’ in the name of ‘Jesus’. Who would be keen to work alongside like-minded people. We assist families and single people in crisis because we believe that faith, along with good works, is the way to God. You are invited to contact me or any other member of our group to find out more about what we do and discuss any queries you may have. **It is a great opportunity to deepen your faith and put it into practice.** Thank you, Ian Digney. President of the Hilton Conference of Saint Vincent de Paul Society. 0428 121 152.





# OUR LADY of MT CARMEL CHURCH BULLETIN

## 5<sup>th</sup> Sunday Ordinary - 5 February 2023- Year A

### BULLETIN SPONSORS



#### OLMC CHURCH

82 Collick Street, Hilton, WA, 6163  
08 9314 7733  
[Sec.hilton@perthcatholic.org.au](mailto:Sec.hilton@perthcatholic.org.au)

#### SAFEGUARDING OFFICER

Brigette Liddelow  
0432 908 980

#### AUSTRALIAN LEADING LOCK SERVICE

Mark Berkovic 0408 404 048  
PO Box 4573, Myaree BC, 6960  
[mls@dammot.com.au](mailto:mls@dammot.com.au)

#### AVILA COURT RETIREMENT VILLAGE

Low cost \*rental unit accommodation.  
For more information contact:  
**Judy 0448 205 283**  
\* Conditions apply

#### BOWRA & O'DEA FUNERAL DIRECTORS

Simply a Matter of Trust  
312 South Street, Hilton  
9239 7744 or [www.bowraodea.com.au](http://www.bowraodea.com.au)

#### UNITED PEST CONTROL

48 Motril Avenue, Coogee.  
PO Box 7141, Spearwood, 6163  
9418 1095 or 0433 995 688

#### RICH HARVEST PTY LTD

Religious Products  
Mon to Fri 10.30am – 6pm  
Sat 10.30am – 3pm  
39 Hulme Court, Myaree  
9329 9889 or [www.rich7harvest.com.au](http://www.rich7harvest.com.au)



#### OUR LADY of MT CARMEL

#### NOVENA: God our Father,

prompted by Your Spirit the order of Carmel has from the beginning dedicated itself to the Mother of Your Son. As she unites her prayers with ours, look with favour upon us and bless our families, keep each of us from harm And bring us to the joy of heaven. We ask this through Jesus the Lord. **Amen.**



#### SOULS in PURGATORY PRAYER:

Eternal Father, I offer You the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, for those in my own home, and in my family. **Amen.**



#### OUR LADY of ALL NATIONS

#### PRAYER: Lord Jesus Christ,

Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate. **Amen.**

#### WEEK 1

4-5 Feb  
5 Ordinary

#### COMMENTATOR

#### READERS

#### ACOLYTE

Sat 6pm

Martha Kalat

Volunteer

Joe De Ornelas

Sun 7.30am

Diane Richards

Jenny Troy

Gerry Miller

Sun 9am

Volunteer

Franca Kalat

Ken Hla

#### WEEK 2

11-12 Feb  
6 Ordinary

#### COMMENTATOR

#### READERS

#### ACOLYTE

Sat 6pm

Volunteer

Susie Poleschtschuk

Simon Overton

Sun 7.30am

Diane Richards

Nicolas Lim

Gerry Miller

Sun 9am

Vicky Rafala

Maria Bradshaw

Frank Cooper



Through Him, with Him, in Him  
In the unity of the Holy Spirit,  
All glory and honour is Yours,  
Almighty Father,  
Forever and ever.  
**Amen.**



#### PRAYER TO OUR LADY HELP OF CHRISTIANS:

Lord, you place deep in our hearts the love of Mary, help of Christians. Through her prayers grant wisdom to our leaders and integrity to our Citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through Christ our Lord. **Amen.**

#### Our Lady of Mount Carmel Parish Hilton EUCHARISTIC ADORATION

**One Hour with Jesus**

Wednesday  
Evenings  
5.30 – 6.30pm  
Friday Mornings  
9.30 – 10.30am





### GOSPEL ACCLAMATION

Jn 8:12

Alleluia, alleluia!

I am the light of the world, says the Lord;  
the man who follows me  
will have the light of life.

Alleluia!

### GOSPEL

Mt 5:13-16

A reading from the holy Gospel according to  
Matthew.

*You are the light of the world.*

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

#### ■ The Gospel of the Lord.



#### A SERVICE OF THE SOCIETY OF ST PAUL



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# Breaking Open the Word

## FIRM FOUNDATIONS

When the people of Israel returned from exile it was a time of great hope and rejoicing. God's promises had proved true and their persistence in faith had been rewarded. Now was the time to rebuild and people set about re-establishing their lives, homes and businesses. During the exile, they had been united in their suffering but now there was the danger of people looking after themselves at the cost of others. Isaiah was concerned to nip this in the bud showing that the best foundation on which to rebuild was their concern for others, especially the poor and the disadvantaged. In this way, their lives would be a shining example. In the gospel, Jesus calls each of us to examine the quality of our care for our brothers and sisters. It is by means of our practical concern that we can be salt for the earth and light for our world.

Paul was concerned that the faith of some of the Corinthian Christians was not built on a firm foundation. They had been overly impressed by the quality of the preaching and rhetoric of the various preachers who had worked among them. He knew that while their response was understandable, it was nonetheless misguided. At the end of the day, he knew that rhetoric and philosophy would never build a foundation that could challenge the one built on the self-giving love of Jesus. With their eyes fixed on the crucified one, they could learn true wisdom and the meaning of love.

**Christopher Monaghan CP**